

## Recommended Reading for Children and Teens

The following list of publications has been compiled to provide resources for children and teens with learning differences. If you are a parent, teacher, therapist, or anyone else who provides guidance and support to young people with learning differences, this list can help you find resources at the appropriate level.

### **Pre-School and Early Elementary**

Moore-Mallinos, J., & Roca, N. (2007). *It's called dyslexia*. Hauppauge, NY: Barron's Educational Series.

### **Elementary**

Dwyer, K. M. (1991). *What do you mean I have a learning disability?* New York, NY: Walker & Co.

Esham, B., Gordon, M., & Gordon, C. (2008). *If you're so smart, how come you can't spell Mississippi?* Perry Hall, MD: Mainstream Connections.

Esham, B., Gordon, M., & Gordon, C. (2008). *Last to finish: A story about the smartest boy in math class*. Perry Hall, MD: Mainstream Connections.

Esham, B., Gordon, M., & Gordon, C. (2008). *Mrs. Gorski, I think I have the wiggle fidgets*. Perry Hall, MD: Mainstream Connections.

Esham, B., Gordon, M., & Gordon, C. (2008). *Stacey Coolidge's fancy-smancy cursive handwriting*. Perry Hall, MD: Mainstream Connections.

Polacco, P. (1998). *Thank you, Mr. Falker*. New York, NY: Putnam Publishing Group.

### **Elementary to Young Teens**

Betancourt, J. (1993). *My name is Brain/Brian*. New York, NY: Scholastic.

Denison, K. (1996). *I wish I could fly like a bird*. Schenectady, NY: Wildwood Creative Enterprises.

Gehret, J., & DePauw, S. A. (1990). *The don't-give-up kid and learning disabilities*. Fairport, NY: Verbal Images Press.

Levine, M. D. (1993). *All kinds of minds: A young student's book about learning abilities and disorders*. Cambridge, MA: Educators Publishing Service.

Levine, M. D. (2001). *Jarvis Clutch – social spy*. Cambridge, MA: Educators Publishing Service.

Richards, R. G., & Richards, E. I. (2000). *Eli: The boy who hated to write: Understanding dysgraphia*. Riverside, CA: RET Center Press.

Stern, J. M., & Ben-Ami, U. (1996). *Many ways to learn: Young people's guide to learning disabilities*. New York, NY: Magination Press. [Audiotape also available.]

### **Young Teens**

Barrie, B. (1994). *Adam Zigzag*. New York, NY: Delacorte Press.

Blue, R. (1979). *Me and Einstein: Breaking through the reading barrier*. New York, NY: Human Sciences Press.

Fisher, G. L., & Cummings, R. (1991). *The school survival guide for kids with LD*. Minneapolis, MN: Free Spirit Publishing.

Griffith, J. (1998). *How dyslexic Benny became a star*. Dallas, TX: Yorktown Press.

Janover, C. (1988). *Josh: A boy with dyslexia*. Burlington, VT: Waterfront Books.

**Teens**

Barrett, S. L. (1992). *It's all in your head: A guide to understanding your brain and boosting your brain power*. Minneapolis, MN: Free Spirit Publishing.

Bauer, J. J. (1992). *The runaway learning machine: Growing up dyslexic*. Minneapolis, MN: Educational Media Corporation.

Bauer, J. J. (1999). *Too much time on Sycamore Street: A self-help resource for adolescents and adults with learning disabilities*. Minneapolis, MN: Educational Media Corporation.

Dunn, K. B., & Dunn, A. B. (1993). *Trouble with school: A family story about learning disabilities*. Rockville, MD: Woodbine House.

Fisher, G. L., & Cummings, R. (1990). *The survival guide for kids with LD*. Minneapolis, MN: Free Spirit Publishing.

Hallowell, E. M. (2004). *A walk in the rain with a brain*. New York, NY: Harper Collins.

Hayes, M. L. (1994). *The tuned in, turned on book about learning problems*. Novato, CA: Academic Therapy Publications.

Hipp, E. (2008). *Fighting invisible tigers: Stress management for teens* (3<sup>rd</sup> ed.). Minneapolis, MN: Free Spirit Publishing.

Janover, C. (1995). *The worst speller in jr. high*. Minneapolis, MN: Free Spirit Publishing.

Levine, M. D. (1990). *Keeping a head in school: A student's book about learning abilities and learning disorders*. Cambridge, MA: Educators Publishing Service.

Packer, A. (1992). *Bringing up parents: The teenager's handbook*. Minneapolis, MN: Free Spirit Publishing.

Smith, J. (2009). *Dyslexia wonders: Understanding the daily life of a dyslexic from a child's point of view*. Hampton, VA: Morgan James Publishing.

*The International Dyslexia Association (IDA) thanks Barbara A. Wilson and IDA's Fact Sheet Committee for their assistance in preparing this fact sheet.*

*"promoting literacy through research, education and advocacy"™*

The International Dyslexia Association · 40 York Road · Fourth Floor · Baltimore · MD · 21204  
Tel: 410-296-0232 · Fax: 410-321-5069 · E-mail: [info@interdys.org](mailto:info@interdys.org) · Website: <http://www.interdys.org>